

The Eric Grant Band sweeps Northeast Invitational Country Showdown

The room at the Doubletree Hotel in Bedford, MA was buzzing as the Eric Grant Band from the small town of Gilford accomplished the improbable: winning every category in which they were entered at the 2010 Northeast Invitational Country Showdown.

The regional event pits winners from state competitions in Connecticut, Maine, Massachusetts, New Hampshire, and Rhode Island against each other to crown a New England Country Music Organization champion.

A panel of judges scored the competitors' performances on a variety of factors including quality of performance, originality, stage presence and star quality. The Eric Grant Band was chosen for the coveted Band of the Year honor, as well as

the Best Vocal Group in the New Country category. EGB bandleader Eric Grant was also awarded New Country Male Vocalist of the Year. The band's success at the NECMO regional event follows on the heels of their three-award performance at

the New Hampshire Country Music Association Awards in September. NHCMA Vice President, Paul Malone was on hand to watch EGB compete against New England's best. "We knew they were special and now New England knows too. NHCMA is

proud to claim Eric and the band as one of our very own."

Eric Grant did his best to keep his emotions in tact after receiving the awards.

"You know, my voice was not in great shape, but we all got together committed to a no-excuses EGB performance. This band and the EGB family raise all of us to levels we can't reach on our own. I am truly humbled."

In March, 2011, EGB will compete in the North American Country Music Association International Competition held in Pigeon Forge, Tennessee. In the meantime, the band continues to perform at venues and events throughout New England and plans a release of original material. More band information and a performance schedule can be found at www.ericgrantband.com.

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is pleased to welcome

JASON R. MANGIARDI, M.D.



Dr. Mangiardi joins Dr. James Stark, Dr. Mark Kelly and Dr. Ryan Scannell. He will be seeing patients in our Laconia, Plymouth and Wolfeboro offices. Dr. Mangiardi specializes in the treatment of diseases affecting ears, nose and throat and focuses on head and neck surgery in adults and children.

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Before you know it winter will be knocking at your door and you can add moving piles of snow to your "to do" list. In the meantime, our residents have sold all their snow blowers and snow shovels, not to mention their lawn mowers and plumbing tools. Instead of maintaining their property all year long, they are carefree - visiting local area attractions and enjoying social activities at Sugar Hill Retirement Community. This year our day-trips included the Currier Museum of Art, the Schooner Eleanor Cruise, the Hampton Sand Castle Contest, the Squam Lake Loon Cruise and Anheuser-Busch. Sugar Hill activities don't stop there - there is something for everyone with art and exercise classes and cultural events, social gathering including cocktail hours, live entertainment and much much more.

While our residents are off enjoying life, the staff at Sugar Hill Retirement Community is busy keeping the facility well-maintained and looking beautiful for residents to enjoy all year round. Our beautifully decorated homelike facility with an elegant dining room, library and community parlor makes the perfect setting for residents to socialize with family and friends. Choose between a 2 bedroom cottage or 1 or 2 bedroom apartment with a cooperative style of stock ownership. Sugar



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